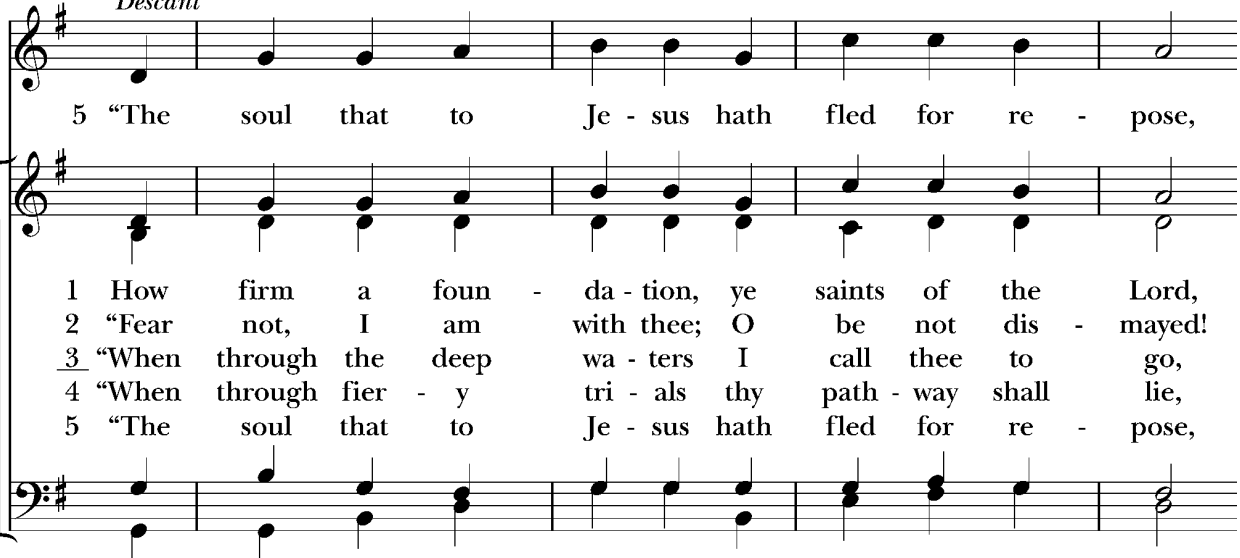


Worship Plan for Sunday, September 22, 2024
Daily Morning Prayer Rite Two, Proper 20

ENTRANCE HYMN *How firm a foundation, ye saints of the Lord (Lyons) (H 637)*

Descant



5 "The soul that to Je - sus hath fled for re - pose,

1 How firm a foun - da - tion, ye saints of the Lord,
2 "Fear not, I am with thee; O be not dis - mayed!
3 "When through the deep wa - ters I call thee to go,
4 "When through fier - y tri - als thy path - way shall lie,
5 "The soul that to Je - sus hath fled for re - pose,



5 I will not, I will not de - sert to its foes;

1 is laid for your faith in his ex - cel - lent word!
2 For I am thy God, and will still give thee aid;
3 the riv - ers of woe shall not thee o - ver - flow;
4 my grace, all suf - fi - cient, shall be thy sup - ply;
5 I will not, I will not de - sert to its foes;

5 soul, _____ to shake, no,

1 What more can he say than to you he hath said,
 2 I'll strength - en thee, help thee, and cause thee to stand,
 3 for I will be with thee, thy trou - bles to bless,
 4 the flame shall not hurt thee; I on - ly de - sign
 5 that soul, though all hell shall en - deav - or to shake,

5 I'll nev - er, no, nev - er, no, nev - er for - sake."

1 to you that for ref - uge to Je - sus have fled?
 2 up - held by my right - eous, om - ni - po - tent hand.
 3 and sanc - ti - fy to thee thy deep - est dis - tress.
 4 thy dross to con - sume, and thy gold to re - fine.
 5 I'll nev - er, no, nev - er, no, nev - er for - sake."

OPENING SENTENCE (BCP p. 75)

The Officiant says

Grace to you and peace from God our Father and the Lord Jesus Christ. *Philippians 1:2*

CONFESSION OF SIN (BCP p. 79)

The Officiant says to the people

Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to set forth his praise, to hear his holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship him, let us kneel in silence, and with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Silence may be kept.

Officiant and People together, all kneeling

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Officiant remains kneeling and says

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. *Amen.*

The Invitatory and Psalter

All stand

Officiant Lord, open our lips.
People **And our mouth shall proclaim your praise.**

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

ANTIPHON (BCP p. 80)

Officiant: God is the Rock of our salvation: O come let us worship.

INVITATORY (BCP p. 80)

Come, let us sing to the Lord; *

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving *

and raise a loud shout to him with psalms.

For the Lord is a great God, *

and a great King above all gods.

In his hand are the caverns of the earth, *

and the heights of the hills are his also.

The sea is his, for he made it, *

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *

and kneel before the Lord our Maker.

For he is our God,
and we are the people of his pasture and the sheep of his hand. *

Oh, that today you would hearken to his voice!

PSALM: Psalm 1

¹Happy are they who have not walked in the counsel of the wicked, *
**nor lingered in the way of sinners,
nor sat in the seats of the scornful!**

²Their delight is in the law of the LORD, *
and they meditate on his law day and night.

³They are like trees planted by streams of water,
bearing fruit in due season, with leaves that do not wither; *
everything they do shall prosper.

⁴It is not so with the wicked; *
they are like chaff which the wind blows away.

⁵Therefore the wicked shall not stand upright when judgment comes, *
nor the sinner in the council of the righteous.

⁶For the LORD knows the way of the righteous, *
but the way of the wicked is doomed.

At the end of the Psalm is sung or said

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

FIRST READING: Proverbs 31:10-31

The people sit.

A Reading from the book of Proverbs.

- ¹⁰A capable wife who can find?
She is far more precious than jewels.
- ¹¹The heart of her husband trusts in her,
and he will have no lack of gain.
- ¹²She does him good, and not harm,
all the days of her life.
- ¹³She seeks wool and flax,
and works with willing hands.
- ¹⁴She is like the ships of the merchant,
she brings her food from far away.
- ¹⁵She rises while it is still night
and provides food for her household
and tasks for her servant-girls.
- ¹⁶She considers a field and buys it;
with the fruit of her hands she plants a vineyard.
- ¹⁷She girds herself with strength,
and makes her arms strong.

- ¹⁸She perceives that her merchandise is profitable.
Her lamp does not go out at night.
- ¹⁹She puts her hands to the distaff,
and her hands hold the spindle.
- ²⁰She opens her hand to the poor,
and reaches out her hands to the needy.
- ²¹She is not afraid for her household when it snows,
for all her household are clothed in crimson.
- ²²She makes herself coverings;
her clothing is fine linen and purple.
- ²³Her husband is known in the city gates,
taking his seat among the elders of the land.
- ²⁴She makes linen garments and sells them;
she supplies the merchant with sashes.
- ²⁵Strength and dignity are her clothing,
and she laughs at the time to come.
- ²⁶She opens her mouth with wisdom,
and the teaching of kindness is on her tongue.
- ²⁷She looks well to the ways of her household,
and does not eat the bread of idleness.
- ²⁸Her children rise up and call her happy;
her husband too, and he praises her:
- ²⁹“Many women have done excellently,
but you surpass them all.”
- ³⁰Charm is deceitful, and beauty is vain,
but a woman who fears the LORD is to be praised.
- ³¹Give her a share in the fruit of her hands,
and let her works praise her in the city gates.

Reader The Word of the Lord.

People **Thanks be to God.**

FIRST CANTICLE (BCP p. 85)

Canticle 15: The Song of Mary

Magnificat. Luke 1:46-55

**My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior; *
for he has looked with favor on his lowly servant.**

**From this day all generations will call me blessed: *
the Almighty has done great things for me,
and holy is his Name.**

**He has mercy on those who fear him *
in every generation.**

**He has shown the strength of his arm, *
he has scattered the proud in their conceit.**

**He has cast down the mighty from their thrones, *
and has lifted up the lowly.**

He has filled the hungry with good things, *
and the rich he has sent away empty.
He has come to the help of his servant Israel, *
for he has remembered his promise of mercy,
The promise he made to our fathers, *
to Abraham and his children for ever.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

SECOND READING: James 3:13--4:3, 7-8a

The people sit.

A Reading from the letter of James.

¹³Who is wise and understanding among you? Show by your good life that your works are done with gentleness born of wisdom. ¹⁴But if you have bitter envy and selfish ambition in your hearts, do not be boastful and false to the truth. ¹⁵Such wisdom does not come down from above, but is earthly, unspiritual, devilish. ¹⁶For where there is envy and selfish ambition, there will also be disorder and wickedness of every kind. ¹⁷But the wisdom from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without a trace of partiality or hypocrisy. ¹⁸And a harvest of righteousness is sown in peace for those who make peace.^{4:}

¹Those conflicts and disputes among you, where do they come from? Do they not come from your cravings that are at war within you? ²You want something and do not have it; so you commit murder. And you covet something and cannot obtain it; so you engage in disputes and conflicts. You do not have, because you do not ask. ³You ask and do not receive, because you ask wrongly, in order to spend what you get on your pleasures. ⁷Submit yourselves therefore to God. Resist the devil, and he will flee from you. ^{8a}Draw near to God, and he will draw near to you.

Reader The Word of the Lord.

People **Thanks be to God.**

SEQUENCE HYMN *Lord of all hopefulness, Lord of all joy (Slane) (H 482)*



1	Lord	of	all	hope - ful - ness,	Lord	of	all	joy,
2	Lord	of	all	ea - ger - ness,	Lord	of	all	faith,
3	Lord	of	all	kind - li - ness,	Lord	of	all	grace,
4	Lord	of	all	gen - tle - ness,	Lord	of	all	calm,



whose	trust,	ev - er	child - like,	no	cares	could	de - stroy,			
whose	strong	hands	were	skilled	at	the	plane	and	the	lathe,
your	hands	swift	to	wel - come,	your	arms	to	em - brace,		
whose	voice	is	con - tent - ment,	whose	pres - ence	is	balm,			

be there at our wak - ing, and give us, we pray,
 be there at our lab - ors, and give us, we pray,
 be there at our hom - ing, and give us, we pray,
 be there at our sleep - ing, and give us, we pray,
 your bliss in our hearts, Lord, at the break of the day.
 your strength in our hearts, Lord, at the noon of the day.
 your love in our hearts, Lord, at the eve of the day.
 your peace in our hearts, Lord, at the end of the day.

THIRD READING: Mark 9:30-37

The people sit.

A Reading from Mark.

³⁰[Jesus and the disciples] passed through Galilee. He did not want anyone to know it;³¹for he was teaching his disciples, saying to them, “The Son of Man is to be betrayed into human hands, and they will kill him, and three days after being killed, he will rise again.”³²But they did not understand what he was saying and were afraid to ask him.

³³Then they came to Capernaum; and when he was in the house he asked them, “What were you arguing about on the way?”³⁴But they were silent, for on the way they had argued with one another who was the greatest.³⁵He sat down, called the twelve, and said to them, “Whoever wants to be first must be last of all and servant of all.”³⁶Then he took a little child and put it among them; and taking it in his arms, he said to them,³⁷“Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me.”

Reader The Word of the Lord.

People Thanks be to God.

8 A.M. – SERMON BY DAVE CROCKER

10 A.M. MUSICAL MEDITATION BY DASHA OVCHINNIKOVA

Dasha will play a Te Deum, a traditional piece of sacred music. The piece is approximately 15 minutes long. The people are invited to enjoy the music and to reflect on today’s readings.

THE APOSTLES’ CREED (BCP p. 96)

Officiant and People together, all standing.

**I believe in God, the Father almighty,
creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

**He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.**
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

SALUTATION (BCP p. 97)

The people stand or kneel

Officiant The Lord be with you.
People **And also with you.**
Officiant Let us pray.

THE LORD'S PRAYER (BCP p. 97)

Officiant and People

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

SUFFRAGES (BCP p. 97)

V. Show us your mercy, O Lord;
R. **And grant us your salvation.**
V. Clothe your ministers with righteousness;
R. **Let your people sing with joy.**
V. Give peace, O Lord, in all the world;
R. **For only in you can we live in safety.**
V. Lord, keep this nation under your care;
R. **And guide us in the way of justice and truth.**
V. Let your way be known upon earth;

R. **Your saving health among all nations.**
V. Let not the needy, O Lord, be forgotten;
R. **Nor the hope of the poor be taken away.**
V. Create in us clean hearts, O God;
R. **And sustain us with your Holy Spirit.**

FIRST COLLECT (BCP p. 98)

Grant us, Lord, not to be anxious about earthly things, but to love things heavenly; and even now, while we are placed among things that are passing away, to hold fast to those that shall endure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

SECOND COLLECT (BCP p. 98)

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. *Amen.*

THIRD COLLECT (BCP p. 98)

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. *Amen.*

PRAYER FOR MISSION (BCP p. 100)

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. *Amen.*

INTERCESSIONS AND THANKSGIVINGS

In our Diocesan Cycle of Prayer, we pray for Wyman Memorial Church of St. Andrew, Marblehead; St. Michael's Church, Marblehead; St. Mary's Church, Rockport; for Secretaries and Administrators of Congregations.

We pray for all who have died, remembering especially today Linda and Evan Jutz.

We pray for all on Trinity's prayer list: Dick, Cindy, Joan, Diane, Emmit, Bill, Barbara, Heather, Peter, Jacob, Ted, Mark, Chris, Benny, Dolly, Peggy, Lynn, Kaeyln, Bill, Ken, Guy, Bev, Doug, Deb, Martha, Jean, Jackie, Jack, and for those you now name.

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. *Amen.*

OFFERTORY HYMN *O love, how deep, how broad, how high (Deo gracias)* (H 449)



1 O love, how deep, how broad, how high, how pass - ing
2 For us bap - tized, for us he bore his ho - ly
3 For us he prayed; for us he taught; for us his
4 For us to wick - ed hands be - trayed, scourged, mocked, in
5 For us he rose from death a - gain; for us he
6 All glo - ry to our Lord and God for love so



1 thought and fan - ta - sy, that God, the Son of
2 fast and hun - gered sore; for us temp - ta - tions
3 dai - ly works he wrought: by words and signs and
4 pur - ple robe ar - rayed, he bore the shame - ful
5 went on high to reign; for us he sent his
6 deep, so high, so broad; the Trin - i - ty whom



1 God, should take our mor - tal form for mor - tals' sake.
2 sharp he knew; for us the tempt - er ov - er - threw.
3 ac - tions, thus still seek - ing not him - self, but us.
4 cross and death; for us gave up his dy - ing breath.
5 Spi - rit here to guide, to strength - en, and to cheer.
6 we a - dore for ev - er and for ev - er - more.

An offering may be taken while the Offertory Hymn is sung and may be presented at the altar after the hymn, while the people sing a Doxology.

THE DOXOLOGY V. 3 *From all that dwell below the skies (Old 100th)* (H 380)

Praise God, from whom all blessings flow;
praise him, all creatures here below;
praise him above, ye heavenly host:
praise Father, Son, and Holy Ghost.

1 From all that dwell be - low the skies let
2 E - ter - nal are thy mer - cies, Lord, and
*3 Praise God, from whom all bless - ings flow; praise

the Cre - a - tor's praise a - rise! Let the Re - deem - er's
truth e - ter - nal is thy word: thy praise shall sound from
him, all crea - tures here be - low; praise him a - bove, ye

Name be sung through ev - ery land, by ev - ery tongue!
shore to shore till suns shall rise and set no more.
heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

THE GENERAL THANKSGIVING (BCP p. 101)

Officiant and People

**Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.**

A PRAYER OF ST. CHRYSOSTOM (BCP p. 102)

Officiant and People

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O

Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.*

CONCLUDING VERSICLE (BCP p. 102)

Officiant: Let us bless the Lord.

People: Thanks be to God.

CONCLUDING SENTENCE (BCP p. 102)

Officiant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. *Amen.* 2 Corinthians 13:14

RECESSIONAL HYMN Sing, ye faithful, sing with gladness (Finnian) (H 492)



1 Sing, ye faith - ful, sing with glad - ness, wake your no - blest,
2 Sing how he came forth from hea - ven, bowed him - self to
3 So, he tast - ed death for mor - tals, he, of hu - man -
4 Now on high, yet ev - er with us, from his Fa - ther's



sweet - est strain, with the prais - es of your Sa - vior
Beth - lehem's cave, stooped to wear the ser - vant's ves - ture,
kind the head, sin - less one, a - mong the sin - ful,
throne the Son rules and guides the world he ran - somed,



let his house res - ound a - gain; him let all your
bore the pain, the cross, the grave, passed with - in the
Prince of life, a - mong the dead; thus he wrought the
till the ap - point - ed work be done, till he see, re -



mu - sic hon - or, and your songs ex - alt his reign.
gates of dark - ness, thence his ban - ished ones to save.
full re - demp - tion, and the cap - tor cap - tive led.
newed and per - fect, all things gath - ered in - to one.